



**RAYLEIGH GRANGE u3a**

**Newsletter - Edition No. 185 2026**



# Welcome to the September Newsletter

*Our next monthly meeting at the Grange is on*  
**WEDNESDAY 2<sup>nd</sup> September at 2.00 p.m.**

**SPEAKER: Mark Lewis**  
**Smuggling Days and Smuggling Ways**

The amazing story of Smuggling in 18<sup>th</sup> and 19<sup>th</sup> century Britain when an increase in taxes led to an explosion of illegally imported contraband, characterised by opportunism, violence and deception.



## **FROM THE CHAIRMAN**

Dear Members

I was delighted to have been re-elected as Chairman for another year at our Annual General Meeting on the 8<sup>th</sup> July 2026, thank you for your overwhelming support.

I can announce that two members of the committee did not seek re-election. Donna who has brilliantly arranged our speakers (supported by her husband Steve) for the past 5 years. To say they are efficient is an understatement, they leave us in very good shape with speakers booked until the end of 2027 - my sincere thanks go out to them.

Going forward we have two ladies who are joining the committee which I am looking forward to, new faces which I am confident will bring new ideas and enthusiasm to Rayleigh Grange u3a.

Our current Treasurer will shortly be starting training classes for his successor. He is currently working on improving his computer systems to make them more automated. I would offer to help, however, I think I would get my marching orders on the first day!!!

I am very optimistic about the next 12 months.

Finally, what a relief it is to now have cooler weather.

**Edward Byford**  
**Chairman**



## **NEW COMMITTEE**

The AGM (in case you didn't know) took place on Wednesday 8<sup>th</sup> July and the committee was elected as follows:

|                             |                 |
|-----------------------------|-----------------|
| <b>Chairman</b>             | Edward Byford   |
| <b>Vice-Chairman</b>        | Bill Keeys      |
| <b>Treasurer</b>            | David Westall   |
| <b>Business Secretary</b>   | Barbara Oliver  |
| <b>Assistant Treasurer</b>  | Glyn Overy      |
| <b>Membership Secretary</b> | Susan Neil      |
| <b>Newsletter Editor</b>    | Ann Rawlinson   |
| <b>Group Co-ordinator</b>   | Carol Bright    |
| <b>Social Secretary</b>     | Jackie Dillnutt |
| <b>Website Editor</b>       | Ken Bates       |
| <b>Committee Member</b>     | Steve Rix       |
| <b>Committee Member</b>     | Jane Gee        |
| <b>Committee Member</b>     | Vilma Wilson    |

Don't forget you can recognise the members by our lanyards that we wear at the monthly meetings and, of course, in the event of an emergency we all have bright yellow caps so that we can easily be seen.

We are working to make the Rayleigh Grange u3a one of the best in the area with a wide variety of interest groups, but if you think of a subject that could be of interest to many, why not speak to our Group Co-ordinator.

Perhaps you would like to lead a group, it's not difficult. **Come on, be adventurous.**

**Barbara Oliver**  
**Business Secretary**



## **"THANK YOU"**

Steve and I would like to say a big thank you to all the members for your generosity and kind words as we step down from the committee.

We have enjoyed booking the speakers and, as you know, it is a lottery so hopefully there have been more good ones than not. We will continue in this role until a replacement is found and will still look forward to seeing everyone at the monthly meetings and the activities.

All the best.

**Donna and Steve Lowe**



## **QUIZ – HISTORY**

|                                                                              |                                                                        |
|------------------------------------------------------------------------------|------------------------------------------------------------------------|
| 1. What is significant about the death of Ruth Ellis 1955?                   | 2. Who was the last Governor of Hong Kong?                             |
| 3. The doomed ship the Titanic had two sister ships – what were their names? | 4. Who was the second President of the USA?                            |
| 5. With what did the CIA reputedly try to assassinate Fidel Castro?          | 6. Genghis Khan founded which Empire?                                  |
| 7. Who was the first person to sail around the world?                        | 8. Who did Clementine Ogilvy Hozier marry in 1908?                     |
| 9. What name was given to the Chinese Peasant Uprising of 1900?              | 10. Aboard which ship did Captain Scott sail to the Antarctic in 1901? |

**Answers on page 18**



## **NEW CHESS GROUP — YOUR MOVE!**



We are exploring the possibility of starting a new Chess Group and would love to hear from anyone who fancies a friendly game, a bit of brain exercise or the chance to say “checkmate” with dramatic flair.

**All abilities welcome — from complete beginners who think a rook is a bird, to experienced players plotting three moves ahead.**

No need to be a grandmaster — just bring curiosity, good humour and perhaps a willingness to lose a pawn or two.

## **NEW ARCHAEOLOGY GROUP**



We are also exploring the possibility of starting a new Archaeology Group and I would love to hear from anyone who might be interested in taking part. Archaeology is the study of the human past and whether you are already knowledgeable, or simply curious, this could be a friendly opportunity to learn, share ideas and explore the past together.

If either of these groups sounds like something you would enjoy, please let me know via our web page.

**Carol Bright**  
**Group Co-ordinator**

## **NEWS FROM THE GROUPS**

### **SUNDAY WALKING GROUP**



On Sunday 26 July 2026 the Sunday Walking Group, consisting of 17 members, completed a 3-mile walk in Hockley Woods, followed by refreshments at The Bull pub.

In the afternoon 13 members attended a social gathering and barbecue kindly hosted by David and Heather Butcher at their home. They declined to accept monetary contributions for the food and drink. Instead, we held a charity collection for the Brain Cancer Charity and raised £130.

**Christine Shaw**  
**Group Leader**



## **GARDEN GROUP** **AFTERNOON TEA**



Garden Group members were treated to Afternoon Tea, hosted by Susan Neil, in her lovely garden.

We began with a glass of fizz or wine followed by a tasty selection of sandwiches and then a variety of cakes – plus scones with jam and cream – all washed down with a cuppa of tea or coffee.

It was a very enjoyable afternoon with members being able to explore the garden and marvel at Sue's growing prowess in the vegetable garden and her greenhouse.











**Photographs by David Butcher**

**BIRDWATCHING GROUP**  
**RAINHAM MARSHES – JULY**



**Cormorant**

The group paid a visit to Rainham Marshes, a reserve that is managed by the RSPB. The weather had calmed down from the inhospitable thirty degree temperatures we'd been experiencing for the past month. The reserve is over 1000 acres and plays host to a multitude of species.

So our group of nine set off from the Visitor Centre for an approximate 6000 step amble around the reserve, stopping off to visit the hides, of which there about five, along the way. Most of the birdlife we encountered was chilling out around the many water venues, can't blame them. (Note to self: take your swimming trunks next time.)



**Grey Heron**





**Linnet**

All in all, we sighted 25 species of birds, including; Cormorant, Grey Heron, Linnet, Swift, Bearded Tit, Black tailed Godwit, Avocet and Gadwall to name a few.



**Black-tailed Godwit**



**Avocet**

The group witnessed, (what was a first for many of us) a family of Avocets with 3 or 4 of their young and the parents were fiercely protecting their young, seeing off not only Pied Wagtails, but Canada Geese, Egrets and a Grey Heron which must be at least ten times its size. They were more like Exocets than Avocets!



**Gadwall**



**Lapwing**



**Little Egret**



**Common Tern**

Spectacular to watch though. All in all, a lovely day.

**Steve Rix**  
**Bird Watching Group Leader**



## **GARDEN GROUP**

### **VISIT TO BLUNTS HALL**



Members of the Garden Group recently enjoyed an informative trip to Blunts Hall, a property of notable architectural and historical interest situated within the Essex countryside near Witham. The owners and friends welcomed us with a cup of tea and a smile and then offered us the chance to explore the gardens from either a horticultural or historical aspect. We were able to gain an insight into the estate's development over several centuries.

Blunts Hall, the house, dates from the 16<sup>th</sup> century and has over the years had several enhancements, reflecting the evolving tastes of the families who occupied it. The original Tudor structure remains visible in the timber framing and exposed beams, while the Georgian frontage introduces symmetry and elegance characteristic of that period.







The gardens at Blunts Hall are laid out in the style typical of 18th-century landscaped design, with open lawns, structured borders, and carefully positioned specimen trees. The walled garden was of particular interest to the group, containing heritage roses, fruit trees trained against brickwork and a variety of traditional plantings that highlight the love and care shown by the owners of the property. Also of great interest was the Victorian potting shed with its hundreds of clay pots and original potting bench.









The wider grounds, including the pond and surrounding lawns, included areas that have recently been developed or where there are plans for future ideas.











We all appreciated the time and knowledge that the owners so generously gave to us, as well as the delicious afternoon tea.

**Ann C-O**  
**Group Leader**



## **ANSWERS – HISTORY**

|                                                            |                             |
|------------------------------------------------------------|-----------------------------|
| <b>1.</b> She was the last woman to be executed in Britain | <b>2.</b> Chris Patten      |
| <b>3.</b> Britannic and Olympic                            | <b>4.</b> John Adams        |
| <b>5.</b> An exploding cigar                               | <b>6.</b> The Mongol Empire |
| <b>7.</b> Ferdinand Magellan                               | <b>8.</b> Winston Churchill |
| <b>9.</b> The Boxer Rebellion                              | <b>10.</b> The Discovery    |



## **QUIZ – NATURE**

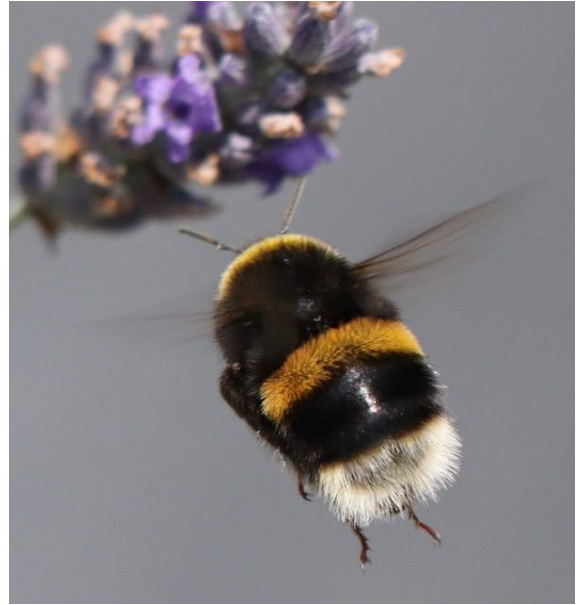
|                                                                                                                        |                                                                                                   |
|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>1.</b> What is the tallest and thickest type of grass?                                                              | <b>2.</b> What is the most popular natural attraction in Alaska?                                  |
| <b>3.</b> What name is given to a male swan?                                                                           | <b>4.</b> What type of acid is extracted from the juice of lemons, oranges, limes and grapefruit? |
| <b>5.</b> In nature what does a Dendrologist study?                                                                    | <b>6.</b> What is the largest mammal in the world and can reach a length of 100 ft?               |
| <b>7.</b> What is the only known substance that naturally exists on earth in all three chemical states?                | <b>8.</b> What is the only animal to have four knees?                                             |
| <b>9.</b> Which of the following natural phenomena cause the most deaths hurricanes, lightning strikes or earthquakes? | <b>10.</b> What is the difference between a frog and a toad in the way it travels on land?        |

**Answers on page 32**



**FRIDAY PHOTOGRAPHY GROUP**  
**VISIT TO FINCHINGFIELD LAVENDER**











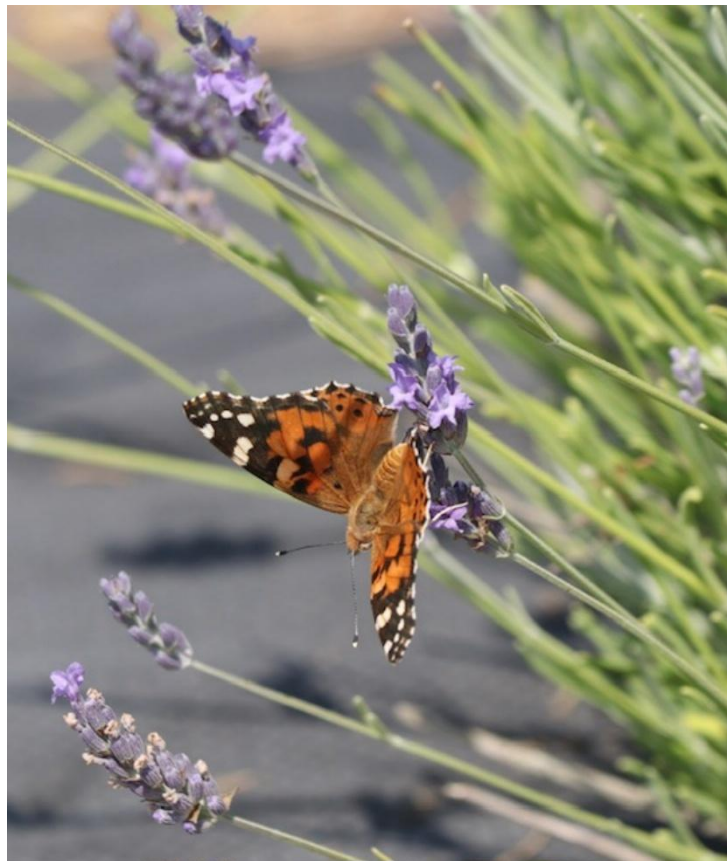


Photo credits: Lorraine Taylor, Steve Rix and Maureen Cheesewright



**WINE GROUPS**  
**VISIT TO CLAYHILL VINEYARD**



Members of our two Wine Appreciation Groups enjoyed a Wine Tasting and lunch at Clayhill Vineyard.









## ALL THINGS CRAFTY

In July we spent a wonderful afternoon creating decoupage wall plaques using lolly sticks.

Our August session saw us getting well underway with our preparations for the Holy Trinity Church Christmas Tree Festival. Our theme this year is "Christmas Birds" and we had a great time making cardboard and fabric bird houses, birds from loo rolls and napkins and robins from bottle tops!

If any u3a members would like to contribute with any bird related decorations, any offerings would be very gratefully received.





## **Some Chuckles from Steve Rix**

**I hate people that take drugs, like policemen or customs officials.**

Husband: "When I get cross with you, you never argue back. How do you control your anger?"

Wife: "I clean the toilet."

Husband: "How does that help?"

Wife: "I use your toothbrush."

**My local barber just got arrested for selling drugs. I've been a customer of his for 6 years, and I had no idea he was a barber.**

I was at a funeral the other day and I asked the vicar for the WiFi password and he yelled, "Please, have some respect for the deceased sir."

"Is that all in lower case, Vicar?" I replied.

**A wife's prayer:**

**Dear God**

**You gave me childhood .....**

**You took it away .....**

**You gave me youth .....**

**You took it away .....**

**You gave me a husband .....**

**It's been over 30 years now, I'm just saying.**

My wife asked me, "What would be the equivalent of a man cave?"

I said to her, "That would be a kitchen."

Incidentally, does anyone have a place I can stay at for a few nights?



## 'THE GREAT STINK' DAY TRIP TO LONDON

### WEDNESDAY 22<sup>nd</sup> JULY



We had an early departure from Rayleigh Grange at 8:15 to ensure we arrived in the Westminster area in time to meet Doug, our Blue Badge guide for the day. On arrival he took us to our first port of call at the Sanctuary House Hotel and Pub. This was built in the 19<sup>th</sup> century and was decorated in traditional Victorian style. There we had refreshments before starting our gentle walk towards Westminster Pier.

Along the route our guide stopped several times to point out important buildings and begin his description of the sudden rise in the population of London during the Industrial Revolution and the effect it had on public health and the rudimentary infrastructure. The Great Stink, as it was called at the time, was the result of an overwhelmed sewerage system and when it began to affect Parliament it was decided that action needed to be taken!



As we made our way towards the Thames, Doug painted a vivid picture of Victorian London — a city bursting at the seams, struggling with sanitation, and desperately in need of improvement. Lack of hygiene and poor water quality had led to Cholera outbreaks and many lost their lives, mostly in the poorest and most crowded areas of London. Something needed to be done and work began in 1858.

When we arrived at the pier to await our boat, Doug spoke about the work of the Civil Engineer, Joseph Bazalgette. He pointed out the embankment which Bazalgette needed to create as part of the improvements to the sewerage system and explained that he was responsible for the creation of 82 miles of underground sewers using bricks and high-quality Portland cement which were so well made that they have lasted over 150 years.



At midday we boarded our boat for a trip to Greenwich Pier. We had our packed lunches on the boat as we enjoyed live commentary by a London Waterman about the history of the river as we sailed through the capital with all its iconic buildings.

From Greenwich Pier we boarded our coach again to travel to our last destination in the story of The Great Stink, the Crossness Pumping Station on the Erith Marshes. It is now out of operation and has been replaced but was one of several stations built by Bazalgette on both sides of the Thames. Sewage collected in the sewers he built was sent downstream to the pumping stations where it was held in tanks before being dumped untreated into the Thames at high tides when it would flow out to sea. It clearly wasn't the system we have nowadays, but it did mean that Cholera was mostly eliminated from London and The Great Stink came to an end.





Opened in 1865, Crossness itself is a striking building with a highly decorated brick façade and ornate ironwork, soaring beams and intricate detailing inside which glowed in the sunlight, making it hard to believe this was once part of London's sewage system. We wandered through the restored Beam Engine House, marvelling at the craftsmanship and the sheer scale of the machinery. Several members of our group commented that it felt more like stepping into a cathedral of industry than a pumping station.







The building is run by a charity now and has a small museum which explains it's history and has examples of Victorian sanitary ware to view.







After a break for tea and biscuits we took the coach home, dropping our brilliant guide at a local station on the way. We arrived back at the Grange around 6:30 after a very different, varied and educational day.

My thanks to all who contributed photos.

**Jackie Dillnutt**  
**Social Secretary**

### **ANSWERS – NATURE**

|                             |                                                    |
|-----------------------------|----------------------------------------------------|
| <b>1.</b> Bamboo            | <b>2.</b> Mount McKinley                           |
| <b>3.</b> Cob               | <b>4.</b> Citric Acid                              |
| <b>5.</b> Trees             | <b>6.</b> Blue Whale                               |
| <b>7.</b> Water             | <b>8.</b> Elephant                                 |
| <b>9.</b> Lightning strikes | <b>10.</b> A frog hops or leaps while a toad walks |

## **ROCHESTER: THE TRIP THAT STARTED WITH A BREEZE**



Our Rochester adventure began with a twist: the pier train decided it was simply too hot to run to the end. This left us facing the famous 1.33 mile stretch of Southend Pier, which suddenly looked much longer than usual.

A lone golf buggy rolled into view – slightly under-equipped rescue vehicle. With one buggy and many of us, the maths didn't quite add up — most of us set off on foot, battling winds strong enough to rearrange hairstyles.

Despite all this, every single member made it to the boat on time, proving once again that u3a determination to have a good day out was uppermost in our minds.

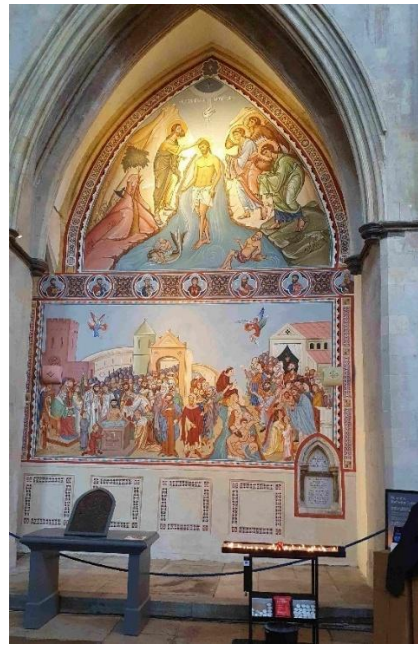
Once aboard, spirits lifted quickly. The crew kept us entertained with lively commentary as we cruised down the Medway, and the cooler weather made the journey comfortable. Tea and coffee were sensibly priced and very welcome after our windswept walk.

On arrival, the crew pointed us clearly towards Rochester's town centre, and off we went to explore the charming Dickens-style streets. Some members made their own lunch plans, while 15 of us headed to Quills, where we had pre-ordered our meals. The staff were fully prepared for our arrival, the food was marvellous, and the service excellent — the sort of lunch that makes you feel you've chosen very wisely indeed.



**Good food at Quills**









After lunch, we had an hour to wander further through Rochester's historic nooks and crannies before returning to the boat for the journey home.







2 Deaf Cats



Not sure what they have lost

The trip back was just as interesting. The crew explained the history of the **Mulberry Harbour** and the **SS Richard Montgomery**, whose masts still rise above sea level — a sight both eerie and fascinating. We learned that the government has appointed a salvage company to cut down and remove the masts because they are deteriorating and pose a safety risk. The wreck still contains around 1.400 tons of explosives, so the work must be done very carefully.



**SS Richard Montgomery Masts**







**Everyone running for the last train to shore**



**Perfect snooze to end the day**

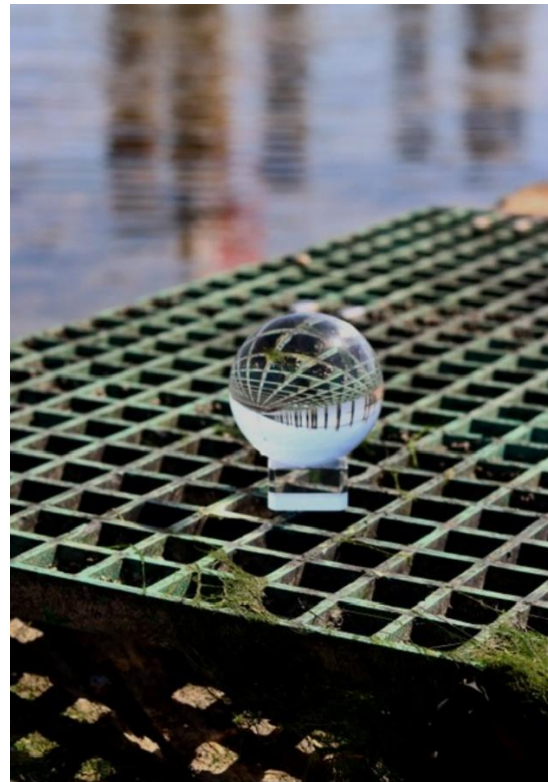
Above all, what truly made the day special was the wonderful group of people who came along. The good humour, the camaraderie, the willingness to adapt — it all turned a windy start into a memorable and thoroughly enjoyable outing.

What began with confusion and a bracing walk became a wonderfully successful day, full of good company, good stories and shared laughter.

Thank you so much for your photos.

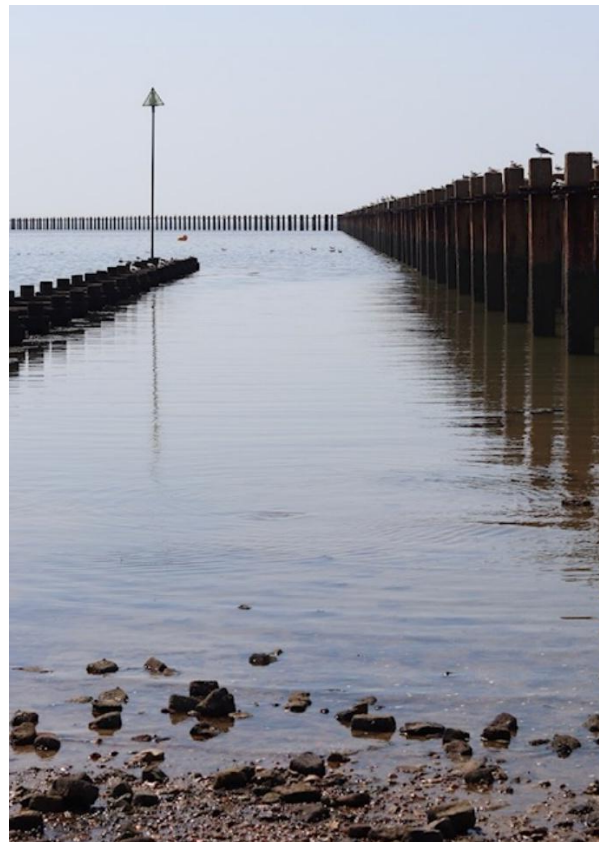
**Julie Witts & Christine Wilson**

**FRIDAY PHOTOGRAPHY GROUP**  
**FUN WITH LENS BALL AND OTHER VIEWS (SAFETY OBSERVED)**  
**SHOEBURYNESS**











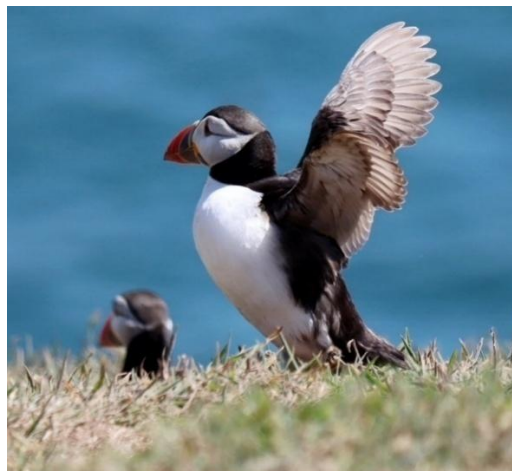


**Maureen Cheesewright**  
**Group Leader**

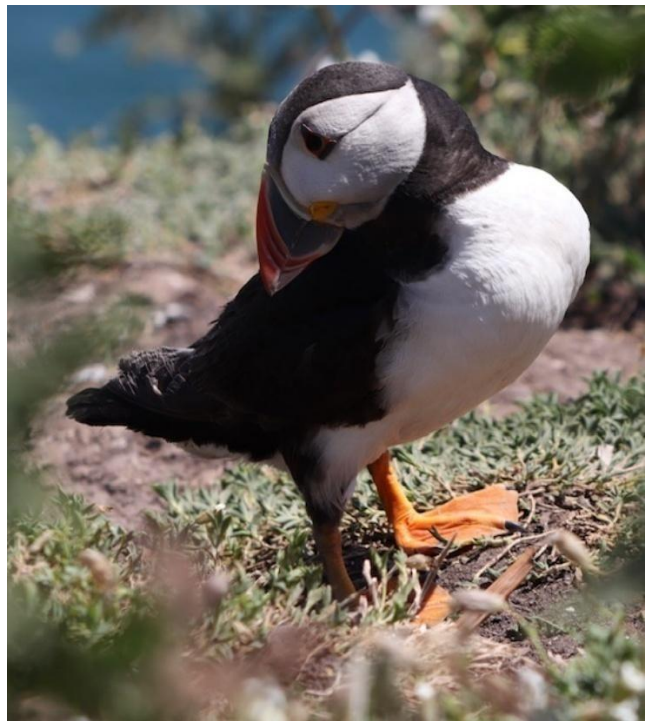
## **PEMBROKESHIRE AND SKOMER ISLAND**



Maureen Cheesewright, Group Leader of our Friday Photography Group, has shared some wonderful photographs taken on her own recent photography trip to Pembrokeshire and Skomer Island.









## **FROM THE EDITOR**

Another u3a year begins – can it really be our 18<sup>th</sup>? Where has that time gone? From small beginnings our u3a has developed into a great success which can be seen from all the activities we have enjoyed over this summer in the latest newsletter.

What a summer it has been – thank goodness that we have had some rain at last to heal our parched gardens and countryside. We have still enjoyed a wide range of visits and activities – sometimes in sweltering heat. I am sure our group leaders have plenty to keep us occupied in the coming months.

Hopefully the tropical nights and heatwaves will soon be a distant memory.

**The deadline for receiving articles for the October 2026 Newsletter is**

**Friday 25<sup>th</sup> September 2026**

**[rgu3anewsletter@gmail.com](mailto:rgu3anewsletter@gmail.com)**

**Newsletter Editor**

**OCTOBER MEETING**

**WEDNESDAY 7<sup>th</sup> AT 2.00 PM**

**SPEAKER: Lindsay Whitehouse**

**My life in Prison**

A Governor's view of prison life.

What does a Governor really do? What kept me awake at night?





## **GROUP CALENDAR**

*If you are interested in joining any of these Groups please contact the Group Co-ordinator*

| GROUP                 | DAY                                     | TIME             | GROUP LEADER                  |
|-----------------------|-----------------------------------------|------------------|-------------------------------|
| AD HOC HISTORY        | To be advised                           |                  | Donna & Steve Lowe            |
| ALL THINGS CRAFTY     | 2 <sup>nd</sup> Tuesday                 | 2.00 – 4.00 pm   | Sarah Kay                     |
| ART APPRECIATION      | 3 <sup>rd</sup> Wednesday               | 2.00 – 4.30 pm   | Pat Shephard                  |
| BADMINTON 1           | Thursday – Fortnightly                  | 10.00 am         | Jacqui Butcher                |
| BADMINTON 2           | Wednesday – Fortnightly                 | 10.00 – 12.00 pm | Geoff Pearce                  |
| BIRD WATCHING         | 4 <sup>th</sup> Thursday                | 10.00 am         | Steve Rix                     |
| BOOK GROUP            | Last Thursday                           | 3.00 pm          | Jackie Dillnutt               |
| BRIDGE                | As agreed                               | Various          | Mark Wiseman                  |
| BRIDGE BEGINNERS      | 1 <sup>st</sup> /3 <sup>rd</sup> Friday | 2.00 – 4.00 pm   | Mark Wiseman & Ken Paton      |
| CANASTA 1             | 2 <sup>nd</sup> Monday                  | 2.30 – 4.30 pm   | Doreen Brown                  |
| CANASTA 2             | 3 <sup>rd</sup> Monday                  | 2.00 – 4.00 pm   | Edna Webb                     |
| CANASTA BEGINNERS 1   | 3 <sup>rd</sup> Wednesday               | 2.00 – 4.00 pm   | Ann Clarke-Overy              |
| CANASTA BEGINNERS 2   | 2 <sup>nd</sup> Wednesday               | 2.30 – 4.30 pm   | Jane Gee                      |
| COFFEE & CONVERSATION | 4 <sup>th</sup> Wednesday               | 10.30 – 12.30    | Barbara Oliver                |
| CHURCH VISITS         | 3 <sup>rd</sup> Wednesday               | 10.00 – 1.30 pm  | TBA                           |
| CINEMA                | Wednesday (various)                     | Morning          | Christine Shaw                |
| CRIBBAGE              | 4 <sup>th</sup> Thursday                | 10.00 – 12.00 pm | Susan Neil                    |
| DARTS                 | Thursday – Fortnightly                  | 11.00 – 1.00 pm  | Ray & Maureen Saveall         |
| DISCUSSION            | 3 <sup>rd</sup> Thursday                | 10.00 – 12.00 pm | Doreen Brown                  |
| FAMILY HISTORY 1      | 1 <sup>st</sup> Monday                  | 2.00 – 4.00 pm   | Ann Rawlinson                 |
| FAMILY HISTORY 2      | 1 <sup>st</sup> Tuesday                 | 2.00 – 4.00 pm   | Ann Rawlinson                 |
| FAMILY HISTORY 3      | 2 <sup>nd</sup> Wednesday               | 2.00 – 4.00 pm   | Ann Rawlinson                 |
| FAMILY HISTORY 4      | 4 <sup>th</sup> Wednesday               | 2.00 – 4.00 pm   | Ann Rawlinson                 |
| FILM APPRECIATION     | 3 <sup>rd</sup> Monday                  |                  | Joan Hanscomb                 |
| GARDEN GROUP          | Various                                 |                  | Ann Clark-Overy<br>Susan Neil |
| JAZZ APPRECIATION     | Wednesday (various)                     |                  | Dave Westall                  |
| JUST SEW & SEW        | 1 <sup>st</sup> /3 <sup>rd</sup> Friday | 2.00 – 4.00 pm   | Chris Roffey                  |
| KNIT & NATTER 1       | 2 <sup>nd</sup> Thursday                | 10.00 – 12.00 pm | Ann Clarke-Overy              |
| KNIT & NATTER 2       | 4 <sup>th</sup> Thursday                | 10.00 – 12.00 pm | Sarah Kay                     |
| LUNCH SUNDAY          | 3 <sup>rd</sup> Sunday                  |                  | Susan Neil                    |
| LUNCH WEEKDAY         | 2 <sup>nd</sup> Wednesday               |                  | Edna Webb                     |

|                                 |                                               |                         |                                                             |
|---------------------------------|-----------------------------------------------|-------------------------|-------------------------------------------------------------|
| <b>MAHJONG</b>                  | <b>Tuesday – Fortnightly</b>                  | <b>10.00 – 12.00 pm</b> | Ann Clarke-Overy                                            |
| <b>MARITIME HISTORY</b>         | <b>1<sup>st</sup> Monday</b>                  | <b>2.30 – 4.30 pm</b>   | Sue Howarth-Reading                                         |
| <b>MINDFULNESS/MEDITATION</b>   | <b>4<sup>th</sup> Monday</b>                  | <b>2.00 – 4.00 pm</b>   | Carol Bright                                                |
|                                 |                                               |                         |                                                             |
| <b>OUT AND ABOUT 1</b>          | <b>Various Days</b>                           |                         | Ann Clarke-Overy                                            |
| <b>OUT AND ABOUT 2</b>          | <b>Various Days</b>                           |                         | Julie Witts &<br>Christine Wilson                           |
|                                 |                                               |                         |                                                             |
| <b>PETANQUE 1</b>               | <b>1<sup>st</sup>/3<sup>rd</sup> Monday</b>   | <b>10.00 – 12.00 pm</b> | Margaret Cudby &<br>Theresa McAninch                        |
| <b>PHOTOGRAPHY MONDAY</b>       | <b>Various</b>                                |                         | Geoff Kittle                                                |
| <b>PHOTOGRAPHY FRIDAY</b>       | <b>3<sup>rd</sup> Friday</b>                  | <b>10.00 – 12.00 pm</b> | Maureen Cheesewright                                        |
| <b>POETRY APPRECIATION</b>      | <b>3<sup>rd</sup> Thursday</b>                | <b>2.00 – 4.00 pm</b>   | Ann Rawlinson                                               |
| <b>PSYCHOLOGY</b>               | <b>2<sup>nd</sup> Monday</b>                  | <b>1.30 – 3.00 pm</b>   | Jean Thraves                                                |
| <b>PUDDY GALORE</b>             | <b>4<sup>th</sup> Tuesday</b>                 | <b>4.00 pm</b>          | Anne Berry                                                  |
|                                 |                                               |                         |                                                             |
| <b>RUMMIKUB 1</b>               | <b>1<sup>st</sup> Monday</b>                  | <b>2.00 – 4.00 pm</b>   | Lynda Rooke                                                 |
| <b>RUMMIKUB 2</b>               | <b>2<sup>nd</sup> Thursday</b>                | <b>2.00 – 4.00 pm</b>   | Pam Green                                                   |
|                                 |                                               |                         |                                                             |
| <b>SAMBA CANASTA</b>            | <b>1<sup>st</sup>/3<sup>rd</sup> Thursday</b> | <b>10.30 – 12.30 pm</b> | Dave Westall                                                |
| <b>SCRABBLE</b>                 | <b>3<sup>rd</sup> Monday</b>                  | <b>2.00 – 4.00 pm</b>   | Wendy Bedwell                                               |
| <b>SHAKESPEARE APPRECIATION</b> | <b>3<sup>rd</sup> Friday</b>                  | <b>10.30 – 12.30 pm</b> | Paula Whittle                                               |
| <b>SHORT MAT BOWLS</b>          | <b>Tuesday – Fortnightly</b>                  | <b>2.00 – 4.00 pm</b>   | Susan Neil                                                  |
| <b>SINGING FOR PLEASURE</b>     | <b>1<sup>st</sup>/3<sup>rd</sup> Tuesday</b>  | <b>10.30 – 12.30 pm</b> | Joan Wayman                                                 |
| <b>SOLO WHIST</b>               | <b>2<sup>nd</sup> Monday</b>                  | <b>10.00 – 12.00</b>    | David Lobley                                                |
|                                 |                                               |                         |                                                             |
| <b>TABLE TENNIS</b>             | <b>1<sup>st</sup>/3<sup>rd</sup> Friday</b>   | <b>1.30 – 3.00 pm</b>   | Maureen Saveall                                             |
| <b>TENPIN BOWLING</b>           | <b>Tuesday – Fortnightly</b>                  | <b>11.00 – 3.00 pm</b>  | Jacqui Butcher                                              |
| <b>THEATRE/EVENTS</b>           | <b>Various times &amp; days</b>               |                         | Doreen Brown<br>Edna Webb<br>Susan Neil<br>Ann Clarke-Overy |
| <b>TRIVIAL PURSUIT</b>          | <b>4<sup>th</sup> Tuesday</b>                 | <b>2.00 – 4.00 pm</b>   | Steve Barns                                                 |
|                                 |                                               |                         |                                                             |
| <b>u3a BAND</b>                 | <b>Various – Cedar Centre</b>                 |                         | Steve Lowe                                                  |
|                                 |                                               |                         |                                                             |
| <b>WALKING MIDWEEK</b>          | <b>3<sup>rd</sup> Monday</b>                  |                         | Gwen Bushell                                                |
| <b>WALKING SUNDAY</b>           | <b>Last Sunday</b>                            | <b>10.30 – 12.30 pm</b> | Christine Shaw                                              |
| <b>WINE THURSDAY</b>            | <b>Various</b>                                | <b>7.00 pm</b>          | Susan Neil<br>Ann Newman                                    |
| <b>WINE FRIDAY</b>              | <b>Various</b>                                | <b>7.00 pm</b>          | Susan Neil<br>Ann Newman                                    |
|                                 |                                               |                         |                                                             |
| <b>WOMEN IN HISTORY</b>         | <b>Last Friday</b>                            | <b>2.30 – 4.30 pm</b>   | Lynda Rooke                                                 |
|                                 |                                               |                         |                                                             |
| <b>u3a MONTHLY MEETING</b>      | <b>1<sup>st</sup> Wednesday</b>               | <b>1.30 – 4 .00 pm</b>  | Various Speakers                                            |
|                                 |                                               |                         |                                                             |

*For specific dates please liaise with your Group Leader.*